

Week 2

WINTER MENU

	Breakfast 9am	Lunch 11.45am	Tea 3.30pm	Snack 5pm
Monday	Sliced Grapes Shredded Wheat, Wheatabix, Malt Wheats Water, Juice	Chilli Baked Bean Con-carne & Wholemeal & White Rice with Tortilla Chips Ice Cream, Sauce & Wafer Water	Homemade Leek & Potato Soup with Sliced Wholemeal & White French Bread Cornflake Crunchies Water, Juice	Melon Chunks and Cherries Water
Tuesday	Tangerine Segments, Rice Crispies, Cornflakes, Wheatabix Water, Juice	Vegetable & Lamb Lasagne with Garlic Bread Jelly & Sliced Apple Water	Hot Cheesy Whirlie gigs, with Diced Red Pepper, Carrot, Cucumber and Chopped Lettuce Raisin and Plain Flapjack with Fromage Frais Water, Juice	Raisins & Plum Water
Wednesday	Banana Slices, Coco Pops, Muesli, Wheatabix Water, Juice	Chicken Casserole with Mashed Carrots & Parsnip, New Boiled Potatoes Seasonal Fruit Crumble & Fresh Cream Water	Open Wholemeal & White Bread & Butter Sandwiches with Grated Cheese, Sliced Chicken, Ham & Quorn Shortbread & Sliced Orange Water, Juice	Apple Slices & Green Grapes Water
Thursday	Raisins Bran Flakes, Shredded Wheat, Wheatabix Water, Juice	Turkey, Ham & Vegetable Pie with Mashed Potatoes Lemon Sponge & Custard Water	Hot Dogs with Finger Roll, Carrots, Cucumber, Celery & Pepper Sticks Banana Bread Water, Juice	Pears & Kiwi Water
Friday	Tangerine Segments, Wheatabix, Rice Crispies, Cornflakes Water, Juice	Tuna Pasta Sweetcorn & Peas Toffee Tart & Banana Water	Meatball Pockets - Wholemeal & White Pitta Pockets with Sliced Meatballs & Grated Cheese and Cucumber & Carrot Batons Fruit Yoghurts Water, Juice	Banana & Apple Slices Water