

Weaning Menu Week 2

WINTER MENU

	Breakfast 9am	Lunch 11.45am	Tea 3.30pm	Snack 5pm
Monday	Sliced Grapes, Wheatabix, Readybrek, Babyrice Water	Baked Bean Con-carne & Wholemeal & White Rice Puree Fromage Frais Water	Homemade Leek & Potato Soup with Sliced Wholemeal & White Bread Slices Fruit Own Milk, Water	Own Milk if Required
Tuesday	Tangerine Segments, Wheatabix, Readybrek, Babyrice Water	Vegetable & Lamb Lasagne including Mixed Vegetables Puree & Garlic Bread Mashed/Chopped Fruit Water	Poached Fish with Mixed Vegetables & Mashed Potato Puree Fromage Frais Own Milk, Water	Own Milk if Required
Wednesday	Banana Slices, Wheatabix, Readybrek, Babyrice Water	Chicken Casserole with Green Beans, Sweet corn & Boiled Potatoes Puree Stewed Apple & Custard Water	Macaroni Cheese and Vegetable Puree Fruit Puree Own Milk, Water	Own Milk if Required
Thursday	Raisins, Wheatabix, Readybrek, Babyrice Water	Turkey, Ham & Vegetable Pie with Mashed Potatoes Puree Mashed/Chopped Banana Water	Shepherds Pie with Potatoes & Carrots Puree Apple & Raisins Own Milk, Water	Own Milk if Required
Friday	Tangerine Segments, Wheatabix, Readybrek, Babyrice Water	Tuna Pasta Sweetcorn with Peas Puree Lemon Sponge & Custard Water	Vegetable and Potato Puree Fromage Frais Own Milk, Water	Own Milk if Required